



Ocean Mind Online ‘Drop-In’ Sessions

Guidelines

Ocean Mind's online sessions are provided to support and connect the Ocean Mind community when beach access isn't available. To ensure the sessions are safe, supportive and fun we ask that all participants agree to follow these guidelines.

By providing your child with the link to the sessions Ocean Mind will assume consent from you, the parent or guardian, and that you have explained the guidelines to your child.

- These sessions are just for the young people of Ocean Mind, please provide a quiet space where your child can engage with us.
- If possible young people should wear headphones when on sessions to minimise background noise.
- All sessions will be conducted by staff at Ocean Mind and will be recorded for quality and safety of participants.
- If a young person is logged into a session Ocean Mind assumes consent for the young person to be there by the parent or guardian.
- Young people should not be around friends or siblings when on the OM sessions to ensure confidentiality for all young people involved.
- Swearing and bullying is not tolerated in the online environment, it may result in being muted or removed from the session. Continued swearing or bullying will result in banning from OM session.
- The information shared within the groups will be confidential and we ask that participants don't discuss what others speak about in the sessions.